



CLCGB

Your journey starts here...

Accepted First Aid Qualifications

If any of the following qualifications are held, the 1st Response award is not required.

Please note, for a first aid qualification to be considered acceptable it must be **six hours or longer and include training for both adult and child CPR.**

After one of these qualifications has expired, 1st Response can be gained for a further three years by attending a 1st Response Refresher course.

HSE

Any Health and Safety Executive (HSE) recognised First Aid at Work qualification.

St John Ambulance

St John Ambulance Essential and Basic First Aid (note: only this combined course is accepted, rather than Essential or Basic on its own)

St John Ambulance Activity First Aid

St John Ambulance Sports First Aid

St John Ambulance First Aid at Work

St John Ambulance Emergency First Aid at Work

British Red Cross

British Red Cross General First Aid Certificate

British Red Cross Practical First Aid Certificate

British Red Cross First Aid at Work

British Red Cross Emergency First Aid at Work

British Red Cross First Aid for Appointed Person

St Andrew's First Aid

St Andrew's First Aid at Work

St Andrew's Emergency First Aid at Work

St Andrew's Family First Aid



British Association of Ski Patrollers

British Association of Ski Patrollers Outdoor Emergency First Aid
British Association of Ski Patrollers Standard or Advanced First Aid
British Association of Ski Patrollers Emergency Medical Technician

Royal Yachting Association

Royal Yachting Association First Aid Certificate

British Canoe Union

British Canoe Union Aquatic First Aid (Level 1 or 2)
British Canoe Union Canoe Lifeguard

Royal Life Saving Society

Royal Life Saving Society National Pool Lifeguard Qualification (NPLQ)
Royal Life Saving Society National Beach Lifeguard Qualification
(NBLQ)
Royal Life Saving Society Life Support
Royal Life Saving Society Life Support 3

Rescue Emergency Care

Rescue Emergency Care (REC) Emergency First Aid
Rescue Emergency Care (REC) Advanced First Aid
Rescue Emergency Care (REC) Mountain First Aid

This is not a definitive list of equivalent qualifications. If you have undertaken First Aid training of more than six hours which covers all aspects of the 1st Response course, your qualification will fulfil the requirements.

