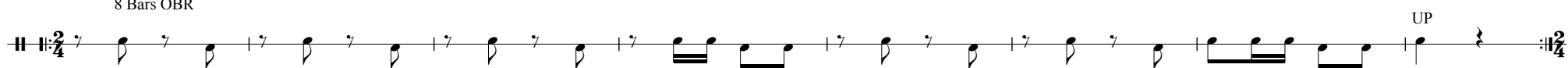


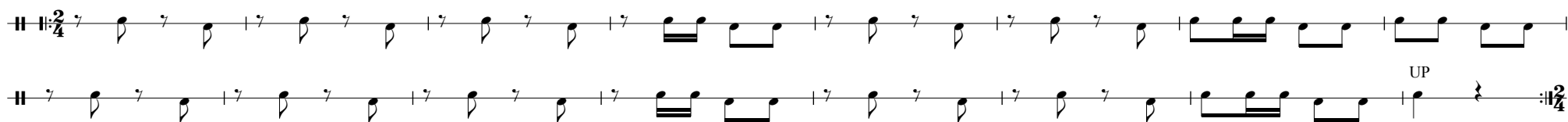
Above the line = Right Hand
Below the line = Left Hand

Stick Work Routines

8 Bars OBR



16 Bars OBR



8 Bars OBRR



16 Bars OBRR

